

# PROGRESS NOT PERFECTION v. 0.1

Age	Date	Milestone	Feelings	Next Steps / Notes / Steps
0-6		Birth, Infancy, Pre-School		
0-6				
0-6				
0-6				
6-12		Elementary School		
6-12				
6-12				
6-12				
6-12				
12-14		Middle School/Junior High School		
12-14				
12-14				
12-14				
12-14				

**Step Reference:** 1: Powerlessness/Unmanagability 4: Resentments/Fears/Defects 8: Victim List 10: Daily Inventory 11: Higher Power Moments 12: Carry the Message/Service

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Age	Date	Milestone	Feelings	Next Steps / Notes / Steps
15-17		High School		
15-17				
15-17				
15-17				
18-20				
18-20				
18-20				
18-20				
21-25		Young Adulthood		
21-25				
21-25				
21-25				
21-25				

**Step Reference:** 1: Powerlessness/Unmanagability 4: Resentments/Fears/Defects 8: Victim List 10: Daily Inventory 11: Higher Power Moments 12: Carry the Message/Service

